



Continued Care

Home care in Harrogate,
Knaresborough, Ripon,
Boroughbridge and Thirsk

CARING FOR THE PEOPLE YOU CARE ABOUT.

For 30 years, Continued Care has been providing exceptional home care in Harrogate, Knaresborough, Ripon and the surrounding area.

Recognised as Outstanding by the CQC in two consecutive inspections (December 2018 and again in February 2021) we're proud to be among the top three per cent of home care providers in the UK.

As a family-run home care agency, we offer a warm and welcoming service with a personalised, people-centred approach at its heart. Our dedicated and award-winning team of domiciliary carers work around the clock to provide trusted care to people in the comfort of their own homes.



"I wanted to express my appreciation to you, your colleagues and all of the wonderful carers who looked after my father with such care, respect and devotion. I will be eternally grateful to you and all of the wonderful carers who gave dad such bespoke attention and enabled him to continue to live in his own home despite his frailty and numerous medical problems."





PROVIDING PERSONALISED HOME CARE

OUR SERVICES

Our focus is on providing high-quality, person-centred care. Our tailored support plans are designed to meet the persons needs, delivered by a kind, caring and dedicated team.

We work closely with the people who use our services and their families to ensure we deliver the right care to the highest standards. We deliver an extensive range of domiciliary care services to support and assist people within their own homes. This includes help with cleaning, shopping, medication and personal care right through to 24-hour live-in support. We also provide respite care and holiday cover.

Our services are available 365 days a year and are inclusive of an on-call duty worker out of normal working hours.

- + Personal care including bathing/showering
 - + Medication administration
 - + Respite/holiday cover
 - + Waking and sleeping night service
 - + 24-hour live-in care
 - + Making and changing beds
 - + Preparing and serving meals
 - + Cleaning/ironing/shopping
 - + Accompaniment to appointments
 - + Bespoke packages of care
 - + Complex Care
 - + Social day clubs
- 



SOCIAL DAY CLUBS

WHAT'S INCLUDED IN THE SOCIAL DAY CLUB?

Our social day clubs aim to improve health and wellbeing through meaningful activities, social interaction and practical services.

We run **weekly** sessions in **Harrogate and Knaresborough** that offer a safe, friendly and kind environment where people can come together and learn new skills, make friends and access services such as armchair exercise class, baking and nail beautician.

Benefits of our Social Day Clubs

- + Improve health and wellbeing
- + Socialise and make new friends
- + Respite for family carers, or they are welcome to attend too
- + Relax in a warm, safe and welcoming space
- + Take part in worthwhile, interesting and engaging activities
- + Learn new skills, baking, arts and crafts
- + Meet and chat to other people and form friendships
- + Access practical services such as hairdresser and chiropodist
- + Enjoy a two-course lunch and a takeaway tea
- + Qualified carers on hand for advice and support
- + Transport can be provided to attend the social club

FREQUENTLY ASKED QUESTIONS

How do I arrange care?

We accept direct referrals from yourself as a self-funder or your relatives by calling **01423 871003** or via email **info@continued-care.co.uk** or via our web page. We will look to arrange a free no obligation meet and greet assessment to discuss your needs and preferences and tailor a plan of support for you.

We are also an approved provider of care with North Yorkshire Council for both adults' and children's services. This can be commissioned directly via NYC or by a direct payment which you are able to arrange yourself. We will arrange to meet with you and your family to discuss your care arrangements.

We provide personal care, medication support, social outings and companionship visits, and cleaning and shopping for all ages from 4 up to 100 plus!

Will the carers respect my dignity & privacy?

Our carers are trained with in this important area, promoting your dignity and respecting your privacy is fundamental to the care we provide. We will at all times listen to your needs and wishes as an individual. We care about you and the care you receive.

Are all staff vetted, trained & approved?

All our carers are carefully selected and checked against the Disclosure Baring System (DBS). We obtain two employment references and one personal reference. A wide variety of training is included in a comprehensive induction process which includes time spent shadowing experienced carers within practice. All our carers are fully insured. We ensure we employ the right people who match our values of care and compassion.



The place we call home is the place that feels most comfortable and secure. A sense of home can become especially important as we grow older. Our home care services help ease the challenges of ageing while enabling you to enjoy the comforts of home.



Continued Care Limited © 2023 is registered, and therefore licenced to provide services, by the Care Quality Commission (Provider ID: 1-101633575)

Contact

info@continued-care.co.uk

4 Grove Park Court,
Grove Park Terrace,
Harrogate, HG1 4DP
Tel **01423 871003**

Unit C1,
Sycamore Business Park,
Dishforth Road, Ripon
HG4 5DF
Tel **01765 699086**

